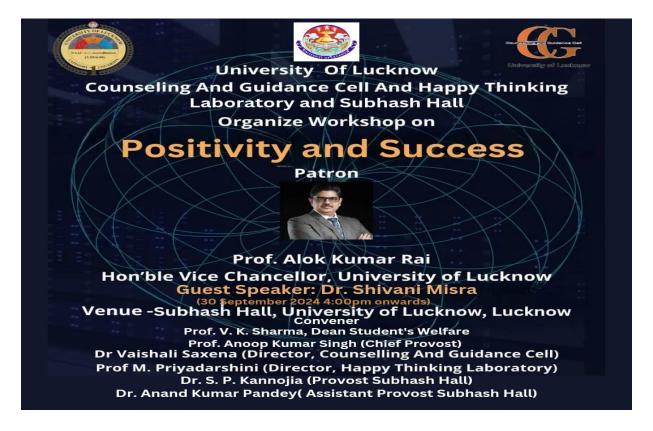
## A REPORT ON "WORKSHOP ON POSITIVITY AND SUCCESS"

(30, SEPTEMBER 2024)



Counselling and Guidance Cell in collaboration with Happy Thinking Laboratory, University of Lucknow, organized a Workshop on "Positivity and Success" in Subhash Hall, University of Lucknow on 30, September 2024 to discuss the impact of positivity and success on life. The event aimed to inspire students to adopt a positive mindset and equip them with practical strategies to achieve personal and professional success.

The event began at 4:00 p.m., attracting enthusiastic students who demonstrated their eloquence and analytical skills. Dr. Shivani Mishra honored the occasion as an esteemed guest speaker.



The workshop aimed to instill a positive outlook among participants, equipping them with essential tools and techniques for both personal and professional development. Additionally, it sought to cultivate a community of motivated individuals who are prepared to embrace challenges and strive for success.



Dr. Shivani Mishra gave her insightful perspective on positivity that added value to the purpose of this event, encouraging students to reflect on the theme in the context of personal growth and societal development.

Prof.M Priyadarshini talked about how positivity of minds and thought influence the quality of success we achieve in our life and career. Her insight makes students aware about adaptation of positive attitude to have a purposeful life.



The event concluded with a vote of thanks by Dr. Vaishali Saxena emphasizing the importance of the workshop on Positivity and Success was a resounding success, providing participants with valuable insights and tools to enhance their personal and professional lives.

Both CGC and HTL demonstrated their commitment to student development by organizing this impactful event. Moving forward, it is recommended to hold similar workshops regularly to continue fostering a culture of positivity and success within the university community.

## **Attendance**

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